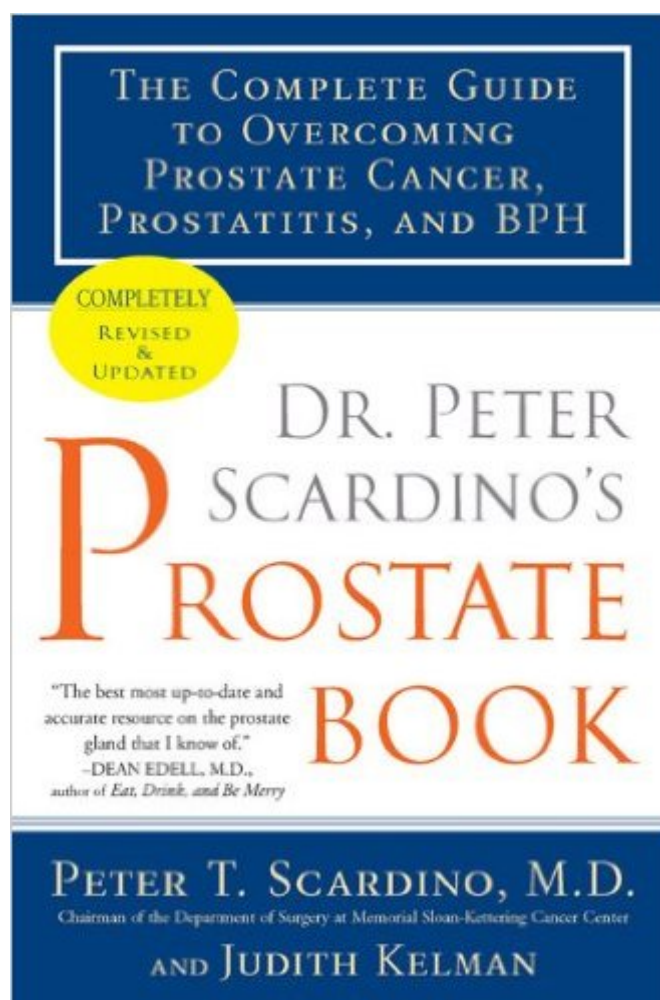


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# Dr. Peter Scardino's Prostate Book, Revised Edition: The Complete Guide To Overcoming Prostate Cancer, Prostatitis, And BPH



## Synopsis

Newly revised, with up-to-the-minute findings: the potentially lifesaving guide to prostate health by one of the world's foremost urologists. Although most men know little about their prostate glands, an overwhelming majority will be affected by prostate problems at some time in their lives. In this groundbreaking book, now updated to include the latest medical break-throughs, world-renowned urology expert Dr. Peter Scardino arms men with the information they need to battle prostate cancer, prostatitis, and benign prostate enlargement (BPH). This updated edition includes new information on the role genetics may play, hormone replacement therapy, new treatments for prostatitis, and more. With clear illustrations and charts throughout, this book covers everything men should know about prostate health, helping concerned men and their loved ones to:

- interpret complex and often confusing test results and research findings
- adopt proven prevention strategies
- choose among the many available treatment options
- enjoy a satisfying sex life and good urinary function

Dr. Scardino brings his outstanding experience, expertise, and compassionate advice, combined with the latest medical breakthroughs and cutting-edge studies, to provide men with the knowledge and tools they need to live long, healthy lives.

## Book Information

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## Customer Reviews

Non-fiction at its best relies on wonderful writing and special insights into the subject matter to make highly complex topics meaningful for a general readership. This book is one of the finest examples of two highly creative minds merging to produce a unique study of the prostate and Prostate

Cancer. Internationally renowned surgeon Dr. Peter Scardino shows throughout the pages he possesses a grasp of the topic few can match, yet it is the storytelling abilities and contemporary writing flair of acclaimed author, Judith Kerman, that transforms his knowledge into a book meant for the layman. At times, it even reads like a novel, sucking fear from a word like cancer that can terrify the most stoic among us when it is whispered in our presence. When one of the opening lines of the book described the prostate as the "biblical Job of the internal organs, destined to suffer one crushing misfortune after another," I knew right away it was going to be a compelling read. Scardino and Kerman were clearly aware they were writing a book for everyone and that it would be more than a study of Prostate Cancer. It is in fact a "Complete Guide" because it also addresses Prostatitis and Benign Prostatic Hyperplasia (BPH). Significantly, it offers a wealth of guidance on how to live one's life following treatments for prostate problems. From the outset, I was impressed by the authors' ability to explain in the simplest of detail the underlying role of the prostate in the male body and how this form of cancer can be tamed and more often than not cured. The book deals transparently with the wide range of options available to patients with Prostate cancer, including Radiation Therapy; Focal and "Local" therapies; Open Surgery, which is Dr. Scardino's particular expertise, and Robotically Assisted Surgery. At no point, do the authors shy away from confronting the pros and cons of all the available options to combat cancer and other prostate conditions. Dr. Scardino's consummate knowledge of all matters related to the prostate is self evident throughout the pages as is his abiding concern patients should know all the facts in order to make informed judgments about what treatments best suit them. For anyone faced with Prostate Cancer diagnosis a reflex shock sets in, followed by an inability to process the terrifying news. Many people turn to the Web for advice but, while there are sites that offer genuine guidance, there is a myriad others providing confusing opinions, which makes it difficult to see a way forward. This book is essential reading for all men diagnosed with prostate issues and is an important source of information and reassurance for them and their partners. It might appear unusual to link the words "cancer" and "reassurance," yet Dr. Scardino confirms that medical science really has a handle on Prostate Cancer and prostate related issues. Knowledge is vital in our ability to confront problems and it can be empowering when we are faced with adversity. This book imparts a wealth of knowledge from a brilliant surgeon in a manner that will empower any reader. The authors devote parts of the book to explain how patients should prepare for surgery and handle post-operative matters, including situations in which patients require additional procedures. I highly recommend this book to all men because none of us is immune from problems with the "biblical Job of the internal organs." The message emanating from this important work is one of hope.

Every man who is 50 years or more should learn about the prostate gland. Do not rely solely on your doctor. Take the responsibility of learning what to do. This is vital especially if you are diagnosed with cancer. Prostate cancer ruined a significant part of my life and one of the two doctors I trusted gave me bad advice in this area. I wish I had the correct and complete information before I made some mistakes. Medical malpractice is one of the leading causes of death in the United States.

This is a great book for learning everything you need to know about your prostate. For anyone having been diagnosed with prostate cancer, it explains the cancer grading and classification terms so that you can better understand the extent of your cancer diagnosis. Finally, since it was recently updated, it has good information relating to the most current treatment options to help you make an informed decision as to what to do.

I am recently diagnosed with prostate cancer and this one of the ten different books I have purchased on the subject. I would place this book highly on a recommended prostate cancer reading list. The author is a prostate surgeon and chief of surgery at Memorial Sloan Kettering (MSK) Hospital in NY. According to US News and World Report, MSK is a top rated facility for treating cancer and the MSK urology dept is also highly rated. The author provides considerable insight on the appropriateness, value and shortcomings of the different prostate cancer treatment options based on different stages and aggressiveness of prostate cancer. The book is full of wisdom and the author opinions appear to be based on what can be well supported by evidence based research. Reading this book has helped me make sense of and judge the soundness of the different treatment recommendations being made by my own physicians. It has helped me think of questions to ask my doctors. I would also highly recommend books by Gerald Copak - *Winning the battle Against Prostate Cancer* and John McHugh's *The Decision*. All of these books are a great source of information at the modest cost of a co-pay.

It is the best book on the market, as far as I know, written by a prominent physician for patients with prostate problems to have a basic understanding of their various diagnoses and treatment options. It is not intended to be detailed enough for medical professionals. The book I bought was an updated edition in 2010. Considering the rapid advancement in medical technology, I believe there should be another update in the near future.

Excellent book !!! This book was referred to me by a Radiation Oncologist that I consulted with. He told me that even if you choose radical prostatectomy surgery (or some other form of treatment over radiation) that you need to have read this book and have it on your shelf for reference. He is so right. The author, Dr. Peter Scardino, is the Chairman of the Department of Surgery at the Memorial Sloan-Kettering Cancer Center in New York. The latest edition has a copyright date of 2010, but this book is by no means out-of-date. Treatments aren't accepted until they have a proven track record which typically takes many years, when enough patient data is available to determine how well the treatments work. If you want to know how to deal with prostate cancer, before, during, and after treatments, you need to have read this book in its entirety ... not just the sections relative to the type of treatment you are considering. The more informed you are, the more your mind will be put at ease that you are making the right decision, which will reduce your anxiety and stress level.

This book was used to educate my family about the diagnosis of prostate cancer, its varied treatments, what to expect, etc. So far, this book in 100% in all of its information, recommendations and information. It is truly educating and helpful. Thank you. I am not sure what my husband and I would have done had we not been prepared with such concise and correct information.

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